Mental Health in Leeds

Serious Mental Illness

The Newsam Centre
Community Outreach Srvice
Supported accommodation
Adolescent Inpatient Service
Rehab and Recovery service
The Becklin Centre
3 x Community Mental Health teams
Aspire

More complicated mental health problems

including: Severe anxiety, ongoing depression, eating disorders, substance use and mental health problems

Mental Health inpatients wards
Early intervention in Psychosis Services
Support in the community delivered by teams of MH nurses, Occupational therapists, and MH support workers
Assertive Outreach Team

Mental health crisis

Intensive community service
Homebased Treatement
Teen Connect Service
CAMHS Crisis Service
Street Triage
Crisis Cafés (Dial House & Connect; The Market Place for 11-17yos)

Medical and social support for people with on-going problems

CAMHS Community teams
Theraputic Social Work services
Intensive Positive Behaviour Service
MST
ASPIRE – At risk Mental Stated Pathway
CAMHS Eating disorders team
Youth Justice Service CAMHS nurses
Leeds Mental Wellbeing Service
Community Based Mental Health Services
Psychological services
Live Well Leeds
The Journey Programme
Forward Leeds
Easting Disorders Services inpatient and FREED

Services that provide rapid response

Services that provide rapid response

Support during pregnancy and in the 2 years after birth for mums, dads, co mothers and partners

Perinatal mental health service delivered by Primary Care
Specialist community and in patient support
Specialist talking therapies
Peer support

Keeping Mentally Healthy

NHS, Council and Third Sector Services
Increasing protective factors and reducing risk factors
Providing information

Common mental health problems, including:

Anxiety, Stress, Depression, Low Mood, Phobias

Talking Therapies

Next Steps clinic
CBT
MindMate SPA brief intervention
Trailblazer
THRU
Emotional Support in schools (TAMHS)
MindMate wellbeing Offer (school clusters)
KOOTH
Infant Mental Health Plus
Leeds Mental Wellbeing Service (previously IAPT)

Perinatal mental health ambassadors

Leeds Mental Wellbeing Service
Specialist counselling delivered in the Third Sector
IMHS
Perinatal mental health team - community team
Specialist midwives and obstetricians
The Mount – in patient for mums and babies

Better Together

Better Together
Best Start
Recovery College
MindWell
MindMate
Mindful Employer
Forward Leeds
Young People's Resilience Programme
Linking Leeds
Mentally Healthy Leeds
H&WB Service (MindMate Champions programme for schools)
General Practice