



Are you aged 16-24 with a learning disability?

Positive Futures Course



Over 22 weeks
(including work placement)

Leeds

The Vinery Centre,
20 Vinery Terrace,
Leeds LS9 9LU
0113 8270058 / 07950 491550

Barnsley

Priory Campus.
Lunwood Pontefract Road
Barnsley S71 5PN
07908230211 / 07966803617

Bradford

West Riding House
41 Cheapside
Bradford BD1 4HR
0113 8270058 / 07966287942

Rotherham

3B, Phoenix Riverside,
Sheffield Rd,
Rotherham S60 1FL
0115 9399944 / 07966238608

Community Impact Project

Employability Skills

Supported Work Placement

Fundraising Project

Money Management

Course Content

Community Impact Project (CIP)

As a learner you will work in groups to organise and deliver a CIP. Previous CIPs have included wrapping Christmas presents for children, gardening and helping the homeless. Learners will be responsible for generating project ideas, planning, problem solving, delivery, debriefing and evaluation. CIPs have proven an effective model of working by:

- Teaching participants new skills, in turn raising self-esteem and confidence.
- Improving involvement of participants in their communities.
- Enhancing the community's expectations of people with a learning disability.



Employability

This module will focus on developing specific employment skills and experience, delivered through group and 1-2-1 session which are adapted to each individual. It will cover the following:

- Work skills: Introduce the learner to the skills key for successful employment e.g. time management, team work and communication.
- My skills: Provide the learner with an understanding of the workplace and the kind of employment that may suit them e.g. work placement rights and job opportunities.
- Finding Work: Introduce learners to the main ways of finding paid employment. This will cover applying for work, job searching, CV writing and interview techniques.

Supported Work Placement

Each learner will complete a placement with a local employer, lasting up to 16 hours over a period of time to suit the learner. Placements will be identified with the learner to ensure suitability and will introduce the learner to the work environment, establish their ambition, interests and any further training and support needs. They also provide a reference to help the learner to move into paid employment.



Money management

This module will ensure learners are prepared and able to after their finances. The course will cover:

- Assessing each learner's skills with money and what money means to them.
- Looking at essential and non-essential spending, budgeting, and debt.
- Exploring personal spending, bank accounts and protecting identity.



Fundraising Event

Learners will work to organise a fundraising event for a cause of their choice, from their local community. The groups will manage a small budget, putting their money management skills into practice.