

Tenfold Member Organisations

Tenfold is the working name of Leeds Voluntary Sector Learning Disabilities Forum
 Charity no. 1061315
 Company Limited By Guarantee no.3319897



| | Organisation | Website | Contact |
|----|---|--|----------------------|
| 1 | Advonet | www.advonet.org.uk | 0113 244 0606 |
| 2 | Affinity Trust | www.affinitytrust.org | 01844 267800 |
| 3 | Age UK – Leeds | www.ageukleeds.org.uk | 0113 389 3000 |
| 4 | Aireborough Voluntary Services to the Elderly with Disabilities (AVSED) | www.avsed.btck.co.uk | 0113 250 1702 |
| 5 | Alzheimer's Society Leeds | www.alzheimers.org.uk | 0113 231 1727 |
| 6 | Aspire Community Benefit Society | www.aspirecbs.org.uk | 0113 378 1919 |
| 7 | Association of Blind Asians (ABA) | www.abaleeds.org.uk | 0113 2103347 |
| 8 | (The) Avalon Group | www.avalongroup.org.uk | 01423 530 053 |
| 9 | Belle Isle Elderly Aid | www.belleisle.org.uk | 0113 2778208 |
| 10 | Better Action for Families | www.betteractionforfamilies.org.uk | 07515 851631 |
| 11 | BHA Leeds Skyline | www.leedsskyline.org.uk | 0113 244 9767 |
| 12 | British Red Cross Society | www.redcross.org.uk | 0344 871 1111 |
| 13 | Carers Leeds | www.carersleeds.org.uk | 0113 246 8338 |
| 14 | Caring for Life | www.caringforlife.co.uk | 0113 230 3600 |
| 15 | Caring Together in Woodhouse and Little London | www.caringtogether.org.uk | 0113 2430298 |
| 16 | Carlshead Farms | www.carlshead.co.uk | info@carlshead.co.uk |
| 17 | Catholic Care | www.catholic-care.org.uk | 0113 388 5400 |
| 18 | Change | www.changepeople.co.uk | 0113 242 6619 |
| 19 | Chapelton Citizens Advice Bureau | www.citizensadvice.org.uk/local/chapelton | 0113 2622281 |
| 20 | Children's Society LEAP Programme | www.childrenssociety.org.uk | 0300 303 7000 |
| 21 | Community Integrated Care | www.c-i-c.co.uk | 0845 543 9911 |
| 22 | Community Links | www.commlinks.co.uk | 0113 273 9660 |
| 23 | Connect in the North | www.citn.org.uk | 0113 2703233 |

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| 24 | Creative Support | www.creativesupport.co.uk | 0161 236 0829 |
| 25 | Dark Horse Theatre | www.darkhorsetheatre.co.uk | 01484 484 441 |
| 26 | DIAL (Leeds) | www.dial-leeds.org.uk | 0113 467 6983 or 0113 467 6981 |
| 27 | Dimensions | www.dimensions-uk.org | 0300 303 9001 |
| 28 | Diocese of West Yorkshire & the Dales | www.westyorkshiredales.anglican.org | 0113 2000 540 |
| 29 | DREAM (Disability, Recreation, Education and Advisory Meetings) | dreamleeds.org.uk | 07708 245 425 |
| 30 | Epilepsy Action | www.epilepsy.org.uk | 0113 210 8800 |
| 31 | EPIC Leeds | www.epicleeds.org.uk | 07889 728403 |
| 32 | Equal Voices | www.facebook.com/equal.voices | |
| 33 | Equine Pathways UK | equinepathways.co.uk | 0113 2897316 |
| 34 | FDM For Disability Mobility | www.fdm bus.org.uk | 0113 288 9000 |
| 35 | Get Cooking! CIC | www.get-cooking.org.uk | 07595 510 039 |
| 36 | Groundwork Leeds | www.groundwork.org.uk/leeds | 0113 238 0601 |
| 37 | Halton Moor and Osmondthorpe Project for Elders (HOPE) | www.facebook.com/hopeprojectleeds | 0113 249 3597 |
| 38 | Holbeck Elderly Aid | www.holbeckelderlyaid.org.uk | 0113 245 5553 |
| 39 | Hamara Healthy Living Centre | www.hamara.org.uk | 0113 277 3330 |
| 40 | Haqooq – Aspire for More | www.haqooq.btck.co.uk | 0791 476 3887 |
| 41 | Health for All | www.healthforall.org.uk | 0113 270 6903 |
| 42 | Healthwatch Leeds | www.healthwatchleeds.co.uk | 0113 898 0035 |
| 43 | Hft | www.hft.org.uk | 0113 273 3771 |
| 44 | Homelife Leeds Ltd (Open Space) | www.homelife-leeds.co.uk | Tel: 0113 3876333 |
| 45 | Hyde Park Source | www.hydeparksource.org | 0113 245 8863 |
| 46 | Imagineer Development CIC | imagineer.org.uk | 01422 363 817 |
| 47 | Interplay Theatre | www.interplaytheatre.co.uk | 0113 263 8556 |

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| 48 | Kidz Aware | www.kidzaware.co.uk | 01924 376 882 |
| 49 | Leeds Animation Workshop | www.leedsanimation.org.uk | 0113 248 4997 |
| 50 | Leeds Asperger Adults | leedsaspergerblog.wordpress.com/about | 0113 265 8957 |
| 51 | Leeds Autism Services | www.las.uk.net | 0113 245 2645 |
| 52 | Leeds Bereavement Forum | www.lbforum.org.uk | 0113 225 3975 |
| 53 | Leeds Federated Housing Association | www.lfha.co.uk | 0113 294 2000 |
| 54 | Leeds Housing Concern | www.leedshc.org.uk | 0113 276 0616 |
| 55 | Leeds Jewish Welfare Board (LJWB) | www.ljwb.co.uk | 0113 268 4211 |
| 56 | Leeds Mencap | www.leedsmencap.org.uk | 0113 235 1331 |
| 57 | Leeds Society for Deaf and Blind People | www.leedssocietyfordeafandblind.org.uk | 0113 2438328 |
| 58 | Leeds Survivor Led Crisis Service | www.lslcs.org.uk | 0113 260 9328 |
| 59 | Leeds Weekend Care Association (Weekenders Club) | www.lwca.co.uk | 0113 216 5133 |
| 60 | Leep1 CIC (Leeds People First) | www.facebook.com/Leep1-Leeds-People-First-210849992392132 | 0113 243 9477 |
| 61 | Leonard Cheshire Disability – Can Do Project | www.leonardcheshire.org | 020 3242 0200 |
| 62 | Lighthouse Futures Trust | lighthousefuturestrust.org.uk | 0113 457 0605 |
| 63 | Loving Health CIC | Twitter: @LovingHealthCIC | 07507 766 242 |
| 64 | Luv 2 Meet U | www.luv2meetu.com | 01274 655 956 |
| 65 | Meanwood Valley Urban Farm | www.mvuf.org.uk | 0113 262 9759 |
| 66 | Middleton Elderly Aid | www.middletonelderlyaid.org.uk | 0113 272 1050 |
| 67 | Mind the Gap | www.mind-the-gap.org.uk | 01274 487 390 |
| 68 | Northern Ballet | www.northernballet.com | 0113 220 8000 |
| 69 | Opera North | www.operanorth.co.uk | 0113 243 9999 |
| 70 | Outside the Box cafe | www.outsidetheboxcafe.com | 01943 431 173 |
| 71 | Paperworks | www.paperworks.org.uk | 01423 816 999 |
| 72 | People in Action | www.peopleinaction.org.uk | 0113 244 3729 |
| 73 | People Matters CIC | www.peoplesmattersleeds.co.uk | 0113 234 6896 |

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| 74 | Phab | www.phab-leeds.org.uk | 01937 573 722 |
| 75 | Pluss | www.pluss.org.uk | 0113 848 0993 |
| 76 | Purple Patch Arts | www.purplepatcharts.org | 07725 041 801 |
| 77 | Pyramid of Arts | www.pyramid-of-arts.org.uk | 0113 234 6040 |
| 78 | Real Life Options | www.reallifeoptions.org | 01977 781 800 |
| 79 | Right Choices | www.rightchoices.gloweb.net | 07505 865 317 |
| 80 | RNIB | www.rnib.org.uk | 0303 123 9999 |
| 81 | Royal Mencap (Employment Support and Me Time) | www.mencap.org.uk | 0113 235 1331 |
| 82 | Sensory Leeds | sensoryleeds.com | 0113 278 6848 |
| 83 | Scope | www.scope.org.uk | 0113 357 0331 |
| 84 | Shine (Spina bifida, Hydrocephalus, Information, Networking, Equality) | www.shinecharity.org.uk | 01733 555 988 |
| 85 | SLATE (South Leeds Alternative Trading Enterprise) | www.slateleeds.co.uk | 0113 270 4005 |
| 86 | SNAPS (Special Needs and Parent Support Yorkshire) | www.snapsyorkshire.org | 07964 847775 |
| 87 | Specialist Autism Services | www.specialistautismservices.org | 0113 277 5656 |
| 88 | St Anne's Community Services | www.st-annes.org.uk | 0113 243 5151 |
| 89 | St John of God Hospitaller Services | www.saintjohnofgod.org | 01325 373 710 |
| 90 | Stop Hate UK | www.stophateuk.org | 0113 293 5100 |
| 91 | Swarthmore Education Centre | www.swarthmore.org.uk | 0113 243 2210 |
| 92 | The Conservation Volunteers, Hollybush | www.tcv.org.uk/hollybush | 0113 274 2335 |
| 93 | Thera North | www.thera.co.uk | 0300 303 1280 |
| 94 | Through the Maze | www.through-the-maze.org.uk | 0113 270 3233 |
| 95 | Together Women Project | www.togetherwomen.org | 0113 380 8900 |
| 96 | Totally Inclusive People | | |
| 97 | United Response | www.unitedresponse.org.uk | 020 8246 5200 |
| 98 | West Yorkshire Playhouse | www.wyp.org.uk | 0113 213 7800 |

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| 99 | Wilf Ward Family Trust | www.wilfward.org.uk | 01751 474 740 |
| 100 | William Merritt Disabled Living Centre | www.wmdlc.org | 0113 350 8989 |
| 101 | Women's Counselling and Therapy Service | www.womenstherapyleeds.org.uk | 0113 245 5725 |
| 102 | Women's Health Matters | www.womenshealthmatters.org.uk | 0113 276 2851 |
| 103 | YAMSEN (Yorkshire Association for Music and Special Educational Needs) | www.yamsen.org.uk | 07931 717 460 |
| 104 | Yorkshire Dance | www.yorkshiredance.com | 0113 243 8765 |